

Patchwork Post

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October at a Glance:

October 2, 2023

1:00 p.m.
Slow Sewing
Via Zoom

October 3, 2023

10:00 a.m.
Quilty Pleasures
Creative Coop—Ramona

October 3, 2023

6:30 p.m.
Board Meeting

October 6, 2023

10:00 a.m.
Philanthropy
Quilter's Paradise

October 9, 2023

6:30 p.m.
Guild Meeting

October 13-15, 2023

Retreat
Vina de' Lestonnac

October 18, 2023

11:00 a.m.
Sew Hungry! j
Broken Yolk

October 21, 2023

10:00—Noon
New Member Brunch

Meetings

Next Board Meeting:

Tuesday, October 2, 6:30 pm
Halcyon Realty
14282 Danielson, Poway, CA 92064

Guild Meeting:

2nd Monday of the month
(Sept—June) 6:30 pm
Incarnation Lutheran Church
16889 Espola Rd
Poway CA 92064

Friendship Quilters Is Proud to Present "Demos & Desserts"

**Demonstrations by Laura Martin,
Sue Mezera, Sue Busch, and Jerre Mayer**

October 9, 2023

Incarnation Lutheran Church
16889 Espola Road
Poway CA 92064

Doors Open at 6:00 p.m.

Meeting Starts at 6:30 p.m.

Sue Mezera



Free Motion zig-zag
on Fused Applique.
Sue will demonstrate
stitching the edge of
the fused applique
using a zig zag stitch
with the feed dogs
down.



Laura Martin

Have you ever seen Martelli Templates at work? They look so simple, yet they are a wonderful item for your quilting tool box. I will be demonstrating all the various ways that Martelli templates work for you!

Sue Busch

No more taping to the floor and bending over to sandwich your quilt. Learn how to use pool noodles to sandwich your quilt and can do it standing at a table. It is quick, easy and successful. Maybe you will want to try quilting your own quilt after this demo.



Jerre Mayer

Have you ever mixed up your block pieces and sewn the wrong seams together after moving it from your design wall to your machine? I know, me neither! LOL! Let's make a simple design board without sewing or using hot glue that will sit right next to your sewing machine. This is a quick and easy project that will put your scraps to good use.



2023/2024 Board

President	Laura Martin
Vice-President	Karla Seyb-Stockton
Secretary	Sophia Browning
Treasurer	Judy Simeroth
1st VP for Programs	Karen Schwartz
2nd VP for Programs	Karla Seyb-Stockton
Membership	Loretta Stuart-Edgerton
	Candy Mittag

2023/2024 Committee Chairs

Banner	Cheryl Neuharth
Facebook	Gloria Mauno
Fat Quarter Exchange	Sophia Browning
Friendship Boutique	Pat Howell Schmidt
Friendship Shop (Loot Locker)	Yvonne Gagne
July 4th Quilt Show	Becky Reding
Just Get it Done	Sue Busch
Library	Nancy Kuelbs
Newsletter	Colleen McCune
Opportunity of the Month	Hope Campbell
Opportunity Quilt 23-24	Robyn Padgett
Opportunity Quilt 24-25	Marianne Tucker
Outreach	Cathy Scarpelli
Philanthropy	Sue Mezera
Philanthropy Delivery	Ruth O'Neal Candy Mittag
Photos	Pat Howell Schmidt
Quilty Pleasures	Gloria Mauno
Refreshments	Tina Broadway
Retreats	Colleen McCune Ninette Turner Marianne Tucker Crystal Simpson
Sharing	Cheryl Neuharth
Swaps	Nancy Kuelbs
Website	Shelly Gragg
Welcome Committee	Jan Krentz Carol Geisling

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Check Out The Newsletter and Join the Fun!

Not only is the Guild a time when we gather the second Monday of every month, it is a community of people that share a common interest in Quilting! Friendship Quilt Guild offers multiple opportunities throughout the month to meet up with friends from the guild. Take a moment to look at the "Month at a Glance" on page 11 of the newsletter and you will see that we are gathering many times throughout the month, sharing meals, working on philanthropy, gathering in small groups, and attending retreats and workshops. We hope to see you soon!

President's Message

Laura Martin—President

Hello Everyone! It was wonderful to get back to our guild year and see everyone! I always LOVE a fresh start in September. I want to thank all of our returning members for their continued support of Friendship Quilters. I also want to thank and welcome our new members from June through September: Judy Iverson, Robyn Garrison, Melinda Casteloos, Linda Fore, and Carolyn Baber. And a big thank you to all of the Board Members for their time and dedication to making our guild an exciting and informative place for our community.

We have a couple of new programs for the guild this year. The first is our Fat Quarter Exchange- you bring in a fat quarter from your stash following the month's theme and you could win a bundle of fat quarters. The second program is our new SWAPS. Occasionally, you will be told about a certain SWAP for the month- you make the item and bring it to SWAP, where it will be exchanged for another member's item. We tried this out last year with mug rugs and it was a hit, so we decided to add it as a regular activity. The SWAP for October is a pin cushion. I already have a pattern to make for mine. The internet and Pinterest have a lot of fun and easy ideas.

Did you pick up an Inventory List of UFO's from the Just Get It Done Table? I have been putting together my inventory list of quilts and projects to be done. I did this last year and there are many of the same projects on this year's list as well. ARGHHHHH! It is definitely time for me to get busy. I was looking at how much space I would gain in my sewing room with less UFO's. This situation reminds me of a quote from Michael Altshuler: "The bad news is time flies. The good news is you're the pilot." Remember to turn in your Inventory Sheet at the October meeting for a chance to win a prize.

Our September speaker Patricia Belyea was wonderful. I believe that was the best prepared Zoom presentation I have ever seen. I have to say that I honestly had never looked into the work of Japanese artists. I was absolutely amazed at the work and the way they put together their exhibitions. It is really sad that they will no longer be holding the Tokyo Quilt Festival.

I am really looking forward to our "Demos and Desserts Night" at our October meeting. If you didn't get a chance to attend last year, you missed a really wonderful meeting. Karen Schwartz, our Programs One Chair, does a fabulous job putting this night together. You don't want to miss it! See you at the meeting!

My Happy Place Quilt Shop

2405 Main St #4
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notions and more!



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(A single cut of fabric is considered one item)

**We want our
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Happy Place too!**

(760) 654-3060
info@myhappyplacequiltshop.com

New Member Brunch!

October 21, 2023 (10:00— Noon)

Jan Krentz—Chairperson

The Board is hosting a **NEW MEMBER BRUNCH** on **Saturday, October 21, from 10:00 am to noon**. This brunch is for first time new members from the 2022-2023 and 2023-2024 guild years. New members can come and learn about what your guild has to offer, ask questions, meet other people, and have FUN! All new members will be receiving an invitation by mail. If you are an existing member and would like to help with the brunch please contact Laura at friendshipquiltersinfo@gmail.com



Membership

Loretta Stuart-Edgerton—Membership Chair

Candy Mittag—Membership Chair

Our membership renewals were off to a fine start at the September meeting. We want to thank everyone who renewed and our four new members who joined! There were 41 members in attendance with two guests and four new members for a total of 47 people. We are currently at 71 members. Our members are what make our group strong and our goal this year is to grow our membership to 100. We need your help to invite your friends to attend one meeting for free and hopefully join us as a new member. Membership had a drawing for a free workshop for all members who renewed early this year before the September meeting and Jerre Mayer was the lucky winner! See you at the October meeting for Demos and Desserts!

Free Scrap Table

Jan Krentz —

Please visit the **FREE SCRAP TABLE** during the October meeting to pick up fabric scraps for your next small project! Scrap fabric pieces are very handy for:

- * Small projects such as mug rugs, decorative pocket or small zippered accessories
- * Scrap blocks to make small quilts
- * Scrap themed tote bags
- * Appliqué pieces for small details

We look forward to seeing your inspiring **SCRAP** quilted items at future meetings!

Retreats

Fall Retreat October 13-15, 2023

Colleen McCune—Quilt Retreat Chairperson

ITS GO TIME! Our Fall Quilt Retreat is just a couple of weeks away— **October 13-15**. The Retreat Committee is eager to gather again and have another wonderful weekend in the beautiful Temecula wine country surrounded with good friends!

If you have not already done so, start packing those projects and all of your supplies. Our arrival time at Vina de Lestonnac is 10:00 a.m. on Friday morning and our departure time is 4:00 p.m. on Sunday afternoon. (I was able to negotiate an **EXTRA TWO HOURS!**)

As we have previously announced, there is no longer a vaccine requirement to attend a retreat at Vina de Lestonnac. However, if for any reason you are experiencing cold or flu symptoms, you are asked not to attend. To date, the retreat center has been very cooperative with allowing us to refund your money, however, this is not guaranteed.

Everyone's adherence to this policy is necessary because many of our members are caring for elderly parents, are immune-compromised, or a few have been battling cancer and going through treatment. We ask that everyone abide by this "wellness" policy as a courtesy to our fellow retreaters and the elderly nuns living at Vina de Lestonnac.

Many of you have been asking for our 2024 Retreat Dates. We will be announcing them soon, so keep an eye out in your Newsletter!

Can't wait to see you all there!

Your Retreat Committee:

Colleen McCune (colleen.sandiego@gmail.com)

Marianne Tucker

Ninette Turner

Crystal Simpson



"Quilty" Pleasures

Meets the First Tuesday of each month at the Creative Coop in Ramona.

Gloria Mauno—Quilty Pleasures Chairperson

Since we all love company, and love being with friends while we sew, you have the perfect opportunity just waiting for you! **The first Tuesday of October is our Quilty Pleasures Sit & Sew Day!**

Come join us on **October 2nd, from 10:00 am - 3:00 pm at the Creative Coop in Ramona. The address is: 2405 Main Street, Ramona CA 92065**, and right next door is My Happy Place Quilt Shop, filled with beautiful and fun fabrics, notion and patterns. Hope to see you there!

Guild Photography

Pat Howell Schmidt—Guild Photographer

Hello Members! I'm happy to inform you I am officially the guild photographer for the year. The past couple of years I have enjoyed taking photos at guild events and publishing them on our Facebook page. Please take the time to check it out under *Friendship Quilters Guild of San Diego*

Again, we can see our guild's SHARING photos from our guild meetings on our website- www.friendshipquilterssd.org under ACTIVITIES and then click SHARING PHOTOS. These photos are of our members sharing their completed quilts or sewn items from the guild meetings. What incredible and creative quilts you will see! There is much more information under ACTIVITIES so please take the time to see what is there.

See you at the next guild meeting and bring your finished quilts to share.

Opportunity of the Month

Hope Campbell—Opportunity of the Month Chairperson

In September the Opportunity of the Month baskets were won by Karla Seyb-Stockton, Iris Williams and Cheryl Neuarth. The extra small basket was won by Ruth Pins.



Our October baskets will feature fall colors and Halloween themes. Be sure to bring your dollars to enter a chance to win a basket. \$1 for one ticket, and \$5 for 6 tickets. Here's an example of what the baskets look like.

Philanthropy

Watch your email for philanthropy details on times and locations

Sue Mezera—Philanthropy

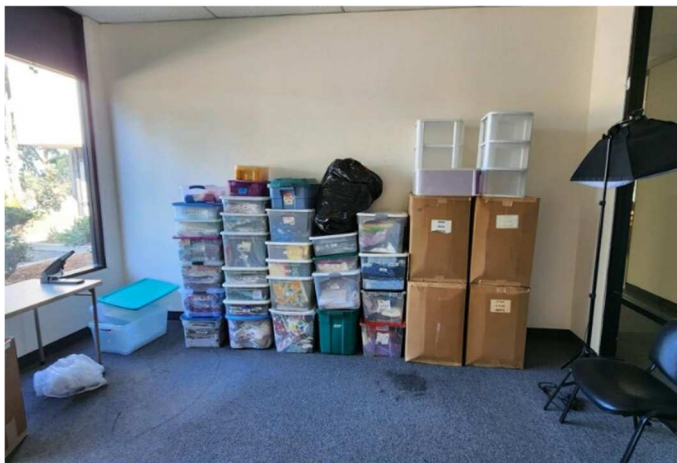
Karla Seyb-Stockton—Philanthropy

Our quilt philanthropists have been busy over the summer. Our deliveries include:

Quilts Beyond Borders 9 quilts
Project Linus 5 quilts
Elizabeth Hospice 6 quilts
Meals on Wheels 63 placemats

Totals for 2023 (as of Sept 7)

154 placemats for Meals on Wheels
26 quilts for Quilts Beyond Borders
26 quilts for Elizabeth Hospice
20 quilts for Project Linus



September was quite a month!!! As you can see above, we have been successful in reducing the amount of fabric so that it will be easier to store.

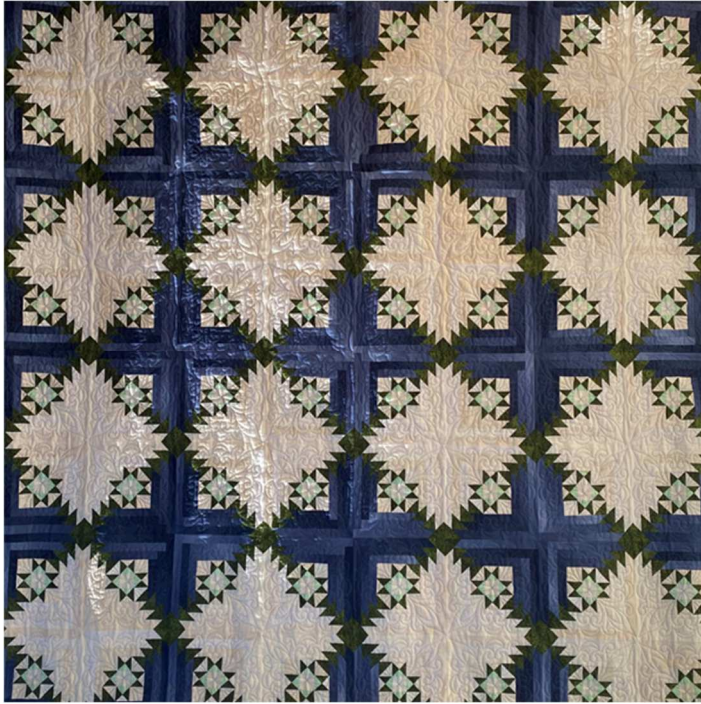
Thousands of fat quarters have been cut and still need to be sorted into kits. We have several placemat kits that are awaiting their backings and batting. These will be kitted soon so that the members of the guild can work on them. This past Saturday we were able to assemble 60 additional kits. We now have 120 kits that can be worked on. Several have been fully completed and are awaiting labels to be dispersed. What a wonderful group of people that have chosen to take this on!

Our Saturday, October 21 Sit & Sew has been CANCELED due to a guild conflict. Our Friday October 6 Sit & Sew is currently undecided until I know where I will be.

Thank you to all who participate and I am looking forward to working with you for the new quilting year,

Friendship's 2023-2024 Opportunity Quilt

Robyn Padgett-Weingel—23/24 Opportunity Quilt Chair



In case you have not been to a guild meeting and seen this quilt in person, we are showing it to you here! Isn't it LOVELY! *Shades of Santorini*, a pattern by Lamb and Buczynski, is the pattern used along with a beautiful blue ombre fabric. You must see it to believe it!

As we all know, our Opportunity Quilt is the guild's major fundraiser each year. We ask that each guild member help support the guild and buy some tickets!

Additionally, if you take this quilt to another group you belong to or have access to (i.e., shop, card group, book club, another quilt guild, senior center, church, etc.) your name will be entered into a drawing for a beautiful fabric bag, such as the one below, donated by Colleen.

Please also consider checking out a group of tickets to sell to your friends, family and co-workers. This will also qualify you for the drawing.

Please contact Candy Mittag (candymmjwc@cox.net) or Colleen McCune (colleen.sandiego@gmail.com) and we will set you up with everything you need to show the quilt and/or just sell tickets.



Thank you for supporting Friendship Quilt Guild!



Sew Hungry

Third Wednesday of Each Month

October's Sew Hungry will be held on October 18, 2023 at 11:00 a.m. Please meet us at the Broken Yolk in Carmel Mountain Ranch for an opportunity to get to know your fellow guild members better!



October Birthdays

Judy I.
Jill F.
Sandy P.

October 6
October 15
October 22



Slow Sewing Group

First Monday of Each Month

Karla Seyb-Stockton—Chairperson

Do you enjoy English Paper Piecing? Hand embroidery? Knitting or crochet? Or any other kind of hand stitching? We are a VERY inclusive group. Besides, we meet via Zoom so we don't have to pack up our gear and take it anywhere. We share our projects, answer questions for each other, give feedback when requested and celebrate each other's progress. We also talk books and other stuff—life—besides our sewing projects.

We would love to have you join us!

The Slow Sewing Group meets on the first Monday of each month from 1:00-3:00 pm on Zoom, so our next meeting will be on **Monday, October 2, 1:00—3:00 pm Pacific Time.**

Zoom Meeting ID: 899 6475 1358

Passcode: EPP

All are welcome. If you have questions, please contact Karla Seyb-Stockton at (858)883-8038 (text OK).

Invite a Friend for a Free Visit To a Guild Meeting



AccuQuilt Go Cutter

Are you aware that the Guild has a Go-Cutter. As a Guild member, you can check out the Go-Cutter at any time. A \$50 deposit is required, but your check will be returned upon drop-off of the cutter and/or dies.

Gingham Dog #55064	Ribbon Twist #5505
Calico Cat #55065	Clam Shell 8" #55436
Baby, Baby #55037	Equilateral Triangle 4 1/2" #55429
Lullaby #55038	Go! Baby, Baby (duck/teddy bear) 55037
Feathers #55008	Gingerbread Cookie #55862
JOY #55307	5" square #55010
Rag Square 8 1/2" #55013	Western Medley #55227
7" Drunkard's Path #55034	Nautical Medley #55497
2 1/2" Strip #55014	Local Color by Bill Ker #55452
4,5,7,8" Circles #55462	1 1/2, 1 3/4, 2 1/4, 2 1/2" Circles 55155
10" Square #55451	Crazy Quilt 6" #55226
Daisy #55327	Dancing Umbrella #55178
Quarter Square-4" #55047	

To pickup the Go-Cutter and/or the dies, please contact Colleen McCune via email at colleen.sandiego@gmail.com or via phone or text at (858) 722-6079.

Get a JUMP on your holiday projects!



Sharing



Sharing (continued)



Just Get it Done!

Susan Busch—Chairperson

Have you done your homework? It is time to do your inventory for your projects. Bring your list to the October meeting and show it to me to get a ticket for the drawing at the end of the meeting.

You can complete and register for the challenge at the October or November meetings. The cost is \$10 to join and you need to do five projects. Pick four of your own and get one from Philanthropy. Be aware that your first project needs to be presented to me at the November meeting so that you can receive your tickets for the June drawing. Be on time with your completed projects/goals and get tickets for two drawings in June.

You can do it!

Fat Quarter Exchange

Sophia Browning—Chairperson

Thank you, everyone, for making the first fat quarter exchange of the year so much fun! I loved seeing the beautiful pinks and patriotic fabric you brought to share.




For our October meeting our theme is ****Fall Leaves**** and the color of the month for solids is ****Blue****, but all fat quarters are always welcome. I look forward to seeing your beautiful autumn colors, botanical prints, and shades of blue from sky to midnight. Bring a fat quarter (or two, or three!) and receive an entry for each fat quarter you bring. We will raffle off the fat quarters we collect at the end of the meeting. See you there!



**Sally and Jimmy Moore
with Lady Penolope,
The Duchess of El Cajon
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**We welcome you to come
and visit!**

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 **SINGER**

MONTH AT A GLANCE

October 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Slow Sewing Group 1:00 p.m.	3 10:00 Quilty Pleasures/ Ramona 6:30 Board Mtg	4	5	6 ?Philanthropy? Look for Sue's email!	7
8	9 6:30 Guild Mtg	10'	11	12	13 Quilt Retreat @ Vina de Lestonnac	14 Quilt Retreat @ Vina de Lestonnac
15 Quilt Retreat @ Vina de Lestonnac	16	17	18 11:00 Sew Hungry Broken Yolk	19	20	21 10:00 New Member Brunch
22	23	24	25	26	27	28
29	30	31 				

November 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3 10:00 Sit N Sew Philanthropy	4
5	6 Slow Sewing Group 1:00 p.m.	3 10:00 Quilty Pleasures/ Ramona 6:30 Board Mtg	8	9	10	11
12	13 6:30 Guild Mtg	14	15 11:00 Sew Hungry Broken Yolk	16	17	18 10:00 Sit N Sew Philanthropy
19	20	21	22	23 	24	25
26	27	28	29	30		

Swaps



Nancy Kuelbs—Chairperson

It's time to SWAP! Announcing the October 2023 pincushion swap!!

Pincushions are wonderful to collect and exchange with new friends. Not only are they easy to make, but they come in all different shapes and sizes. And they are scrap friendly!

WHO CAN JOIN: All fabric scrap lovers and stitchers are welcome! Please remember when joining any swap, your partner may have a different skill level.

WHAT/SIZE: We're keeping it simple--every participant will make and receive a handmade pincushion. The pattern/style is "Maker's Choice" and can be anything that displays your creative point of view. For this SWAP it is highly encouraged that you keep your design "scrappy".

Some ideas:

Shapes:	round, rectangle, hexagons, drums, mattress cushion, food, flower, and animal
Technique:	FPP/EPP, applique, machine-and/or hand-pieced, three-dimensional
Fabrics:	prints, solids, flannels, wool
Embellishments:	hand-stitching, beads, charms, buttons
Fillings:	Crushed walnut shells (inexpensive at pet stores), sawdust, sand, wool or cotton batting/stuffing, a combination of any of these. To give it stability and keep it upright, you can add something heavier toward the bottom like a heavy washer.

For inspiration, search the internet for "Pin Cushion pattern" (or "Free Pin Cushion Pattern") and you will find lots of inspiration and tutorials on how to make a Pin Cushion.

If you would like to join in, bring your pincushion to October's meeting.



Library

Nancy Kuelbs—Library Chairperson

It was wonderful seeing familiar faces and welcoming new members at the library table.

At our September meeting, Marcia McNelley donated The Changing Seasons: Quilt Patterns from Japan to the library. We have received so many generous donations to our library's inventory over the past year, and I hope to add this information to our Goodreads site soon.

Just a note that the library will be closed at our October meeting, but you can bring any books to return that night. Just look for me and I will be happy to collect them.

Remember, our entire Library collection is online. You can also call or e-mail me to request as many books as you would like to borrow—please let me know if you have any book requests!!

Here are the step-by-step instructions for looking at all the books our guild owns: Go To: FriendshipQuiltersSD.org Click on "Activities" at top right On drop down menu - Click "Library" Click on "Friendship's Library on GoodReads"



Introducing: Friendship's Classified Ads

Just when you thought you couldn't find any more information in the newsletter, we are offering yet another opportunity. Please see the last page of the newsletter containing our first AD!

Beginning this month, the last page of the newsletter will be devoted CLASSIFIED ADS for your sewing items. This is available to our members who have items they are looking to sell or rehome. As a member of Friendship Quilters of San Diego, this is the perfect place for you to list items you have decided to part with. **The best news is that your listing is FREE!**

The deadline to submit an ad is the 15th of each month. If I receive your information by that time, it will be included in the following month's newsletter. This is a great way to reach your fellow quilters and find a good and loving home for the items you have decided to part with.

Please send your listings by the 15th of the month to Colleen at colleen.sandiego@gmail.com and your ad will be placed in the following month's newsletter.

Treasurer's Report

Period 8/1/23—8/31/23

Judy Simeroth—Treasurer

Beginning Account Balance 8/1/23	15,182.50
Net Income for 8/1/23—8/31/23	3,458.00
Net Expenses for 8/1/23 — 8/31/23	213.75
Ending Account Balance 9/1/23	18,426.75

INCOME

DATE	PAYMENT	DESCRIPTION	AMOUNT
8/1/23		Sit & Sew	30.00
8/1/23		June Party	207.00
8/1/23		Sit & Sew	240.00
8/1/23		Opportunity Quilt	250.00
8/1/23		Fall Retreat	774.00
8/1/23		Membership	825.00
8/15/23	Zelle	Fall Retreat	362.00
8/22/23	Check	Fall Retreat	674.00
8/28/23	Check	Boutique Purchase	41.00
8/29/23	Zelle	Membership	55.00
TOTAL INCOME			3,458.00

EXPENSES

DATE	PAYMENT	DESCRIPTION	AMOUNT
8/1/23	Adjustment	Bank Correction	5.00
8/8/23	Ck 4104	Cards	21.25
8/8/23	Ck 4105	Opportunity Quilt 2024-2025	187.50
TOTAL EXPENSES			213.75

Want to Place an Add in the Newsletter?

SIZE RATE FOR A FULL YEAR Sept-June

business card	\$6 One Issue	\$50 full year
1/4 page	\$8 One Issue	\$65 full year
1/3 page	\$9 One Issue	\$70 full year
1/2	\$10 One Issue	\$75 full year
full page	\$12 One Issue	\$80 full year



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Friendship Shop (aka Loot Locker)

Yvonne Gagne—Chairperson

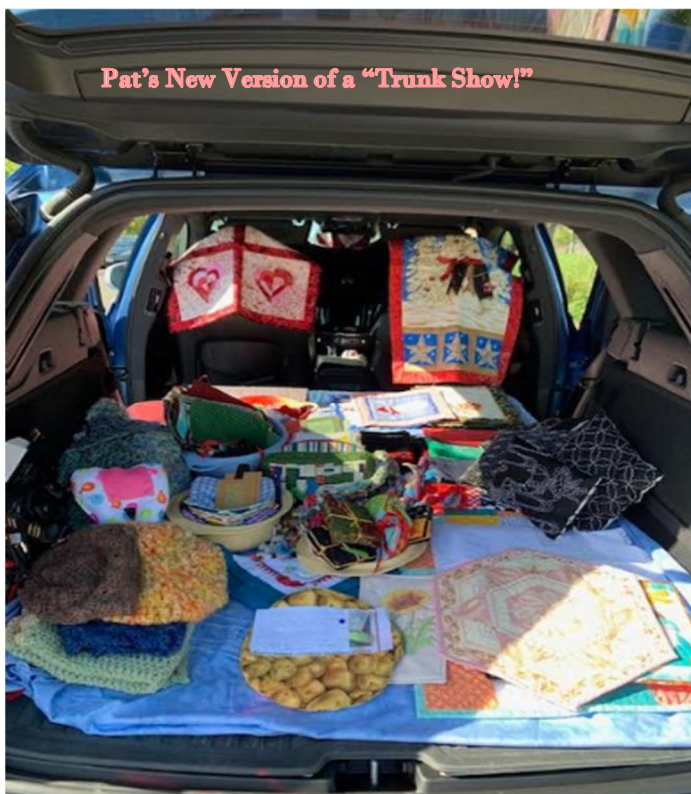
Thank you for your continuing support of the friendship shop. In October we will be exhibiting a new selection from the exclusive friendship boutique, along with a selection of panels, 2.5 inch strips, 5inch squares, and a selection of quilt starters. If you love crazy quilting, art quilts or just adding a little extra something please check out our selection of beads, trims, fringe. Also look at our selection of rulers, acrylic templates and notions. See you at the friendship shop!

Friendship Boutique

Pat Howell Schmidt—Chairperson

Recently I was able to sell \$92 of our Friendship Boutique items to my Book Club. Because our home roof was being replaced, I moved the meeting from my house to a restaurant and what is so creative of me is I made a little shop in the back of my SUV! I must say, I thought it was so funny standing in the middle of a large parking lot and selling my goods to my friends.

Please remember each month I'll have about 10 items for sale at the Friendship Shop at the guild meeting. Just walk up and make an offer to Yvonne, any offer, please make an offer!! We have much to sell and I'm determined to make a dent in the plastic bins. There are lovely items our members have made and contributed from our Craft Fair last October. Help our guild earn some cash while you go home with some lovely "treasures."



Programs and Workshops

Karen Schwartz—Chairperson

It was great to see everyone at our September meeting! Patricia Belyea spoke to us via zoom about Japanese Yukata quilts, the last Tokyo Quilt Festival, Japanese teachers and quilts. It was very informative and entertaining.

Our October meeting will be our Annual Demos & Desserts night. We will rotate through stations while four of our talented members teach a new tip, technique or tool. Dessert will be served after the demos. We had so much fun last year, you won't want to miss it!

Our speaker for November 13th is Marjan Kluepfel, a quilt designer originally from the Netherlands. Sign-up for her November workshop has begun and spots are selling out quickly. Marjan will be teaching a wall hanging called *Shimmering, Sparkling Dragonflies* where you will learn how to add sparkle to your quilts with Angelina fibers, foiling and machine embroidery thread. A kit will be available for purchase for \$5 at the class and the supply list will be available at the October meeting. **The class is from 10:00 am - 3:00 on November 14th at Paradise Sewing in Poway. 13242 Poway Road, Poway, CA 92064.** Come join us. We have so much fun sewing together! If you are interested, you can call or text Karen Schwartz at 619-838-0942.

2023-2024 Speaker/Meeting Schedule

Demos and Desserts

Meeting: October 9, 2023

Marjan Kleupfel

Evolution of an Art Quilt

Lecture/Meeting: November 13, 2023

Workshop: November 14, 2023

Holiday Party

December 2023

Carolina Moore

My Favorite Notions

Lecture/Meeting: January 8, 2024

Jenny Lyton

Quilting is a Contact Sport

Lecture/Meeting: February 12, 2024

Workshop: February 13, 2024

Philanthropy

Meeting: March 11, 2024

Sandy Corbin

Let's Talk Borders!

Lecture/Meeting: April 8, 2024

Wendy Mathson

Designing with Storm at Sea

Lecture/Meeting: May 8, 2024

Workshop: May 9, 2024

End of Year Party

June 2023

PARADISE SEWING



13242 Poway Road Poway, CA 92064 - PH: (858) 679-9808

peter@paradisesewing.com - Tues - Sat 9-5, Sun & Mon Closed

At Paradise Sewing, we're dedicated to helping you realize your creative potential through excellent customer service, sewing machine repair, and a variety of sewing products. Whether it be a beginner sewing machine or a multi-needle professional embroidery machine, Paradise Sewing has what you need! We're your one-stop-shop for Pfaff, Viking, Janome and Babylock Machines, Accessories, Embellishments, Fabric and Notions. Because we care about your sewing experience, we offer help with your sewing needs plus fun, informative classes for sewing and embroidery enthusiasts of all ages and skill levels.

Paradise Sewing and Vacuum is a fully certified service center. We give free repair estimates on all makes and models, as well as comprehensive estimates at the service bench. When your machine is at Paradise, you can breathe easy knowing that your machine is in good hands.

We also carry a full line of new and used machines. We have a wonderful selection of sewing machines starting at just \$99. We will make sure we find the perfect fit for your creative needs. You will also receive free one-on-one training for new machine purchases and free attendance at in-store group training. We will always provide warranty service on new machine purchases. We will strive to provide high-quality service for you and your precision machine.

Stop by to get the best prices in San Diego!

Sewing Machines:
Pfaff • Baby Lock
Viking • Janome

Vacuum Cleaners:
Sebo • Riccar



**\$40 OFF SEWING
MACHINE SERVICE**
(limit one per customer)

**15% ONE REGULAR
PRICED ITEM**
(limit one per customer)

Fidget Quilts

Ruth O'Neil

Hello, quilting friends!

Peter at Paradise Sewing has graciously offered us the room to have a sit-and-sew to make fidget quilts for people with Alzheimer's or ADHD. I haven't yet booked the room because I would like to choose a date in October that is convenient for the most people. I will supply all of the materials. Would you please let me know if you would like to participate and which dates would be best for you?

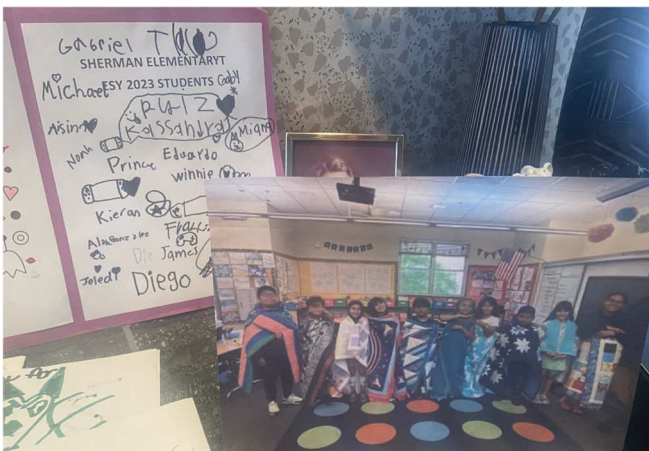
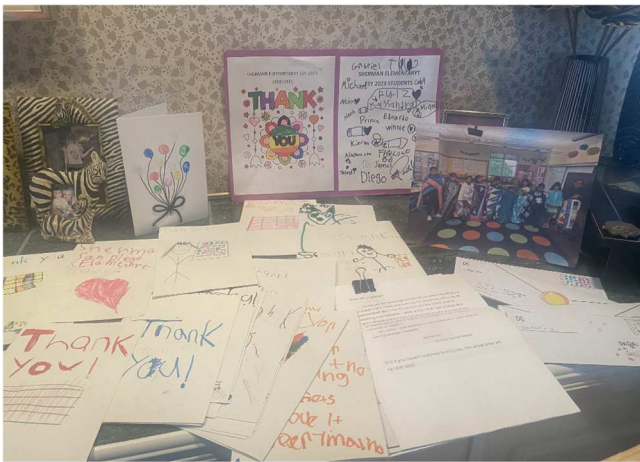
I also want to share some adorable pictures received by Project Linus. The big green poster says "Altrusa Intl" because they are the group which delivered the quilts. The school mentioned in the photos is in the lowest economic school district in San Diego. Many families are homeless. The quilts went to preschoolers, 3rd graders, and 5th graders.



Please get in touch with me if you can help making Fidget Quilts. You can email me at:

ruthrings@hotmail.com

Thank you everyone! I look forward to seeing you soon!



MEMBERSHIP APPLICATION - FRIENDSHIP QUILTERS OF SAN DIEGO

Date _____

Name (please print) _____

New / Renewal (circle one)

Address _____ Birthday _____

City _____ State _____ Zip _____ Phone _____

E-Mail (print clearly) _____

Dues Amount: \$55.00

Via Zelle: friendshipquiltersinfo@gmail.com

Or, Make check payable to: Friendship Quilters of SD and mail to:

Friendship Quilters of SD – Membership

P.O. Box 1174, Poway, CA 92074

Cash \$	_____
Check #	_____
Membership Card	_____
Input	_____

revised 5/15/2022

**Have a Safe and Fun
Halloween!**

**Remember:
Don't fly faster than
your broom can safely
fly!**



SD Dress A Girl



San Diego Sewers Empower Girls Worldwide



Make cute dresses for the SD Dress A Girl Project
“Make one dress or 100! We love them all”

Pullover Summer Dress Patterns Sizes 4-14

- Choose these easy patterns or similar styles:
- Simplicity 9120, 9280 & 2377, McCall's 5797
- (McCall's 8092 view A only for plus sizes)
- Free pattern downloads: *lifesewsavory.com*, “Schools Out”
itsalwaysautumn.com, “Flutter Sleeve Dress”

Use your quilting cotton stash. Start with 1 yd

- Best 100% opaque Cotton fabric, finished seams.
- No snaps, zippers, ribbon ties, Velcro & T-shirt dresses.
- Avoid light pastel or white prints.
- Sew Dress with Love
- Make 2” square white label with Dress Size w/ black Sharpie, Label: SD ♥ U

Deliver Dresses to Pink Daisy Studio, Kearny Mesa or
Text 619-302-6068 for your nearest drop-off location.

MONTHLY DEADLINE: LAST MONDAY OF MONTH

In 2023 over 500 dresses reached girls in the communities of Rancho Santa Marta Baja, Fort Apache McNary AZ, Tanzania, Malawi, Philippines and an El Cajon homeless program.

Join us on Group Facebook: SD Dress a Girl

Givers Gain: Empower Girls

Schedule a “Sewing Dress Camp Day” for your group.
get a group of 4 or 6 for a few hours of fun \$10 donation.

Learn some tricks to make your dress quick and fun.

Donate your extra cotton Dress fabric to Michalee Sloan,
Pink Daisy Studio, 7969 Engineer Road, #112
By apt. 619-302-6068.



Questions? Contact Marj McDonough, marj42oz@gmail.com

Addresses at a Glance

MEETING LOCATION

Incarnation Lutheran Church
16889 Espola Road
Poway CA 92064
858-487-2225
Website: godamongus.us

SPEAKER DINNER LOCATION

Miguel's Cocina
10514 Craftsman Way
San Diego CA 92127
858-924-9200
Website: miguels-cocina.com

WORKSHOP LOCATION

Paradise Sewing
13242 Poway Road
Poway CA 92064
858-679-9808
Website: paradiseseewing.com

PHILANTHROPY SIT & SEW

Quilters Paradise
304 Enterprise St.
Escondido CA 92029
760-738-9677
Website: quiltersparadiseesc.com

PARTY LOCATION

Hamburger Factory
14122 Midland Road
Poway CA 92064
858-486-4575
Website hamburgerfactory.com

"QUILTY" PLEASURES

My Happy Place Quilt Shop
2405 Main Street #4
Ramona CA 92065
760-654-3060
Website: info@myhappyplacequiltshop.com

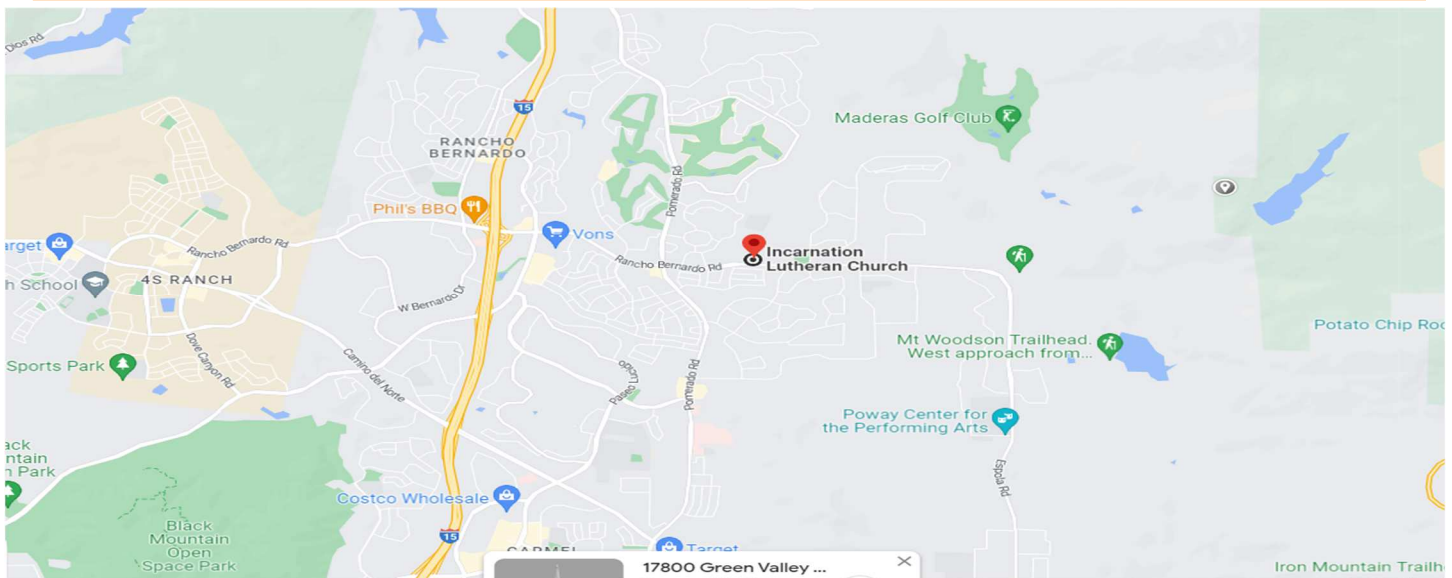
BOARD MEETINGS

Halycon Realty
14282 Danielson
Poway CA 92064
858-243-5304
Website: halyconca.com

SEW HUNGRY

Broken Yolk
11630 Carmel Mountain Rd.
San Diego, CA 92128

Friendship Quilters of San Diego meets at
Incarnation Lutheran Church



Friendship's Classified Ads

FREE 15 MACHINE EMBROIDERY CARDS for a Viking Husqvarna 1250. Call Debbie 760-450-7874.

Submit your ad to the Editor

colleen.sandiego@gmail.com

by the 15th of the month for inclusion in the following month's newsletter!

**THIS AD IS FREE TO ALL MEMBERS OF
FRIENDSHIP QUILT GUILD!**