



Patchwork Post

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October at a Glance

October 5, 2026
 Slow Sewing
 1:00—3:00 p.m.

October 6, 2026
 Quilty Pleasures
 10:00 a.m.—3:00 p.m.

October 6, 2026
 Board Meeting—Zoom
 6:30 p.m.

October 7, 2026
 Featherweight Sit N Sew
 10:00 a.m.—3:00 p.m.

October 8-11 or 9-11, 2026
 Quilt Retreat
 Vina de Lestonnac—Temecula

October 12, 2026
 Dinner w/the Speaker
 4:00 p.m. Karl Strauss

October 12, 2026
 Guild Meeting
 6:30 p.m.

October 13, 2026
 Ocean Art Workshop
 10:00 a.m.

October 16, 2026
 Sew Hungry
 11:00 a.m.

October 21, 2026
 Small Group—Fabric Friends
 1:00 p.m.—3:00 p.m.

Meetings

Next Board Meeting:
 Tuesday, October 6, 2026, 6:30 pm
 Via Zoom

Guild Meeting:
 2nd Monday of the month
 (Sept—June) 6:30 pm
 Incarnation Lutheran Church
 16889 Espola Rd
 Poway CA 92064

Friendship Quilters Is Proud to Present

Gwen Weeden
October 12, 2026

Incarnation Lutheran Church
 16889 Espola Rd
 Poway CA 92064

Doors Open at 6:00 p.m.

Meeting at 6:30 p.m.

About the speaker

Gwen has been Quilting for over 25 years on the Central Coast of California. Gwen started teaching Quilting workshops 20 yrs ago starting in San Luis Obispo Adult ED quilting classes, local quilt shops and many California Quilt Guilds.

Gwen is an artist and has attended art schools and Long Beach State University for over 5 years in Southern California. She was a profession Graphic Artist for 10 years and has won several ribbons for her quilts including Best of Theme at PIQF in 1996 which included a \$500 prize. Gwen started Sonshine Quilting in 2003, a longarm quilting service since 2003 in the city of San Luis Obispo, California.

Workshop: Tuesday, Oct. 13

Ocean Art: Cost \$50

Freeform Curved Piecing

10:00—4:00 at Grand Center Quilt and Stitch

See Page 5 for Supply List



2026/2027 Board

President	Karla Seyb-Stockton
Vice-President	Open
Secretary	Gloria Mauno
Treasurer	Colleen McCune
	Candy Mittag
1st VP for Programs	Karla Seyb-Stockton
	Amy Wazny
2nd VP for Programs	Jan Kosman
	Candy Mittag
Membership	Candy Mittag
	Elaine Swatniki
Parliamentarian	Candy Mittag

2026/2027 Committee Chairs

Facebook	Gloria Mauno
Fat Quarter Exchange	Jan Kosman
July 4th Quilt Show	Melinda Casteloes
Just Get it Done	Peggy Castor
New Member Brunch	Open
Newsletter	Hope Campbell
Opportunity of the Month	Hope Campbell
Outreach	Cathy Scarpelli
Philanthropy	Open
Photographer	Pat Howell Schmidt
Quilty Pleasures	Gloria Mauno
Refreshments	Heidi Smith
Retreats	Colleen McCune
SCCQG Chair	Candy Mittag
Sew Hungry	Jeanne Heaven
Website	Shelly Gragg
Welcome Committee	Jan Krentz
Workshop Registrar	Shelly Gragg

Make sure to checkout October's Newsletter for exciting information about the guild activities this month.

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President's Message

Karla Seyb-Stockton—President

Hello Friendship Quilters!

Happy Autumn!

I hope your quilting room is enjoying the cooling of the weather and that your quilting mojo is heating up. I am excited that the Padres have made it into post season play, and if they get far, it will cut into my quilting time, but after my sewing and quilting room, PetCo Park is my happy place, so who cares! Not me! I am hoping they cut into my quilting time all the way to the World Series!

I am also excited to see what you all come up with on the President's Challenge this year. I have been pondering what I might do with the pattern and have some ideas hatching. As you might imagine, the sky is the limit!

I am looking forward to hearing from Gwen Weedon, our October speaker and workshop leader. She will give us a trunk show and lecture of her journey through quilting. Then on Tuesday she is giving her workshop Ocean Art—making a beach-scape quilt with gentle “slopes” of sand dunes, waves and sky. She says it is easy and we should have our art quilt top done during the class. I have my stack of fabric sorted out, and a new rotary cutter blade at the ready!

There are still spaces in the class, so think about it!

Also, plan on joining us at Karl Strauss (in 4S Ranch) at 4pm for *Dinner With the Speaker* before the meeting.

Finally, I confess I don't remember if anyone volunteered to organize the new member brunch for this year. If you did, or you would like to, please call me ASAP so we can settle on a date. If not, we'll forego it this year and have a 'double' next year.

That's all I have for now, so keep your creative juices flowing and we'll see you at the meeting!

Blessings,

Karla



2026/2027 Programs and Workshop Schedule

October 12, 2026	Gwen Weeden	Sunshine Quilting Lecture and Trunk Show
October 13, 2026	Workshop — Ocean Art	Freedom Curved Piecing at Paradise Sewing—\$50
November 9, 2026	Member Trunk Show	Quilted Holiday Items
December 14, 2026	Holiday Party	Hamburger Factory
January 11, 2027	Mary Tabar	Embellishment Techniques Lecture and Trunk show
February 8, 2027	Mary Tabar	The Positive and Negative of Designs
February 9, 2027	Workshop — Snip & Flip	Holiday Designs and Paradise Sewing—\$50
March 8, 2027	Philanthropy	To Be Announced
April 12, 2027	Jennifer Wagner	Innovative Quilt Making— Blend Modern and Traditional Techniques
April 13, 2027	Workshop — Mini Moons	Mini Moons: Reverse Applique Small Circle (machine technique)
May 10, 2027	Demos and Desserts	4-5 demos of different techniques and a pot luck dessert table
June 14, 2027	End of Year Party	Hamburger Factory

October Birthdays

Judy I	October 6
Jill F	October 15
Sandy P	October 22
Beth N	October 24



October Retreat



Colleen McCune—Quilt Retreat Chairperson

IT'S GO TIME!!!

Our Fall Quilt Retreat is just days away— **October 9-11**. For most of us, we will be arriving **Thursday (10/8) at 3:00 p.m.** to begin our **LONG weekend!** We are anxious to gather again and enjoy another wonderful retreat in Temecula!

If you have not already done so, start packing those projects and all of your supplies. I also hope that you have begun working on your Christmas Tree blocks. They are so festive and will make a beautiful holiday quilt if you win them!

Many of you have been asking for our 2027 Retreat Dates. We will be announcing them soon, so keep an eye out in your Newsletter!

We can't wait to see you there!

Your Retreat Committee:

Colleen McCune (colleen.sandiego@gmail.com)

Marianne Tucker

Ninette Turner

Crystal Simpson

Workshop Supply List

Gwen Weedon Ocean Art Quilt Workshop Supply List

October 13, 2026

Location: Notice—this is a new location

Grand Central Quilt and Stitch
100 N Rancho Santa Fe Road
San Marcos, CA 92069



Class is 10:15am-4pm. (Grand Central opens at 10am, and depending on the staff member opening, we may or may not get to come in a few minutes early.)

Fabric should be **1/4 yard minimum cuts**, selvage to selvage.

4-8 Beach fabrics

4-8 Ocean fabrics (darker for your horizon line)

4-8 Sky fabrics (sunset, midday, sunrise, stormy, clear... you choose.)

Please note: More fabric options are better so you can design on the spot.

Yellow or orange for the sun if you are making a sunrise/sunset. (These can be scrap size.)

Sewing machine in good working order

Rotary cutter WITH A BRAND NEW BLADE, the largest size cutter you have

Cutting mat

Thread for sky, sea and beach

Basic sewing supplies

Bring a large piece of batting (up to 50x50) to used as your design wall

Blue Painter's tape to hang it on the wall.



Examples of ocean art. Visit Gwen's website for more examples.

[Gwen's Site](#)

Opportunity of the Month

Hope Campbell—Committee Chair

Opportunity of the month is just that—an opportunity to add interesting fabrics to your stash.

Tickets are \$1 for 1 ticket and \$5 for 6 tickets.

Look at the baskets and purchase your tickets before the meeting and during the break. The winning tickets will be drawn during the sharing portion of the meeting.

Fat Quarter Exchange

Jan Kosman —Chairperson

Hey Quilters, it's October! Bring in a GREEN or ORANGE solid, tonal or print fat quarter for a chance to win a pile of fat quarters! You could go home with a good start on a pumpkin quilt!



AccuQuilt Go Cutter

Are you aware that the Guild has a Go-Cutter? As a Guild member, you can check out the Go-Cutter at any time. A \$50 deposit is required, but your check will be returned upon drop-off of the cutter and/or dies.

1 1/2" Strip #55024	JOY #55307
2 1/2" Strip #55014	Local Color by Bill Ker #55452
Baby, Baby #55037	Love #55306
Baby (duck/teddy bear) 55037	Lullaby #55038
Calico Cat #55065	Nautical Medley #55497
Circles 1.5, 1.75, 2.25, 2.5 #55155	Overall Sam #55062
Circles 2", 3", 5" #55325	Quarter Square-4" #55047
Circles 4,5,7,8" #55462	Queen of Hearts #55325
Clam Shell 8" #55436	Rag Square 8 1/2" #55013
Crazy Quilt 6" #55226	Ribbon Twist #5505
Daisy #55327	Rose of Sharon #55382
Dancing Umbrella #55178	Rose of Sharon #55045
Drunkard's Path 7" #55034	Simple Shapes #55117
Equilateral Triangle 4 1/2" #55429	Square 2 1/2" multiples #55059
Feathers #55008	Square 5" #55010
Flying Geese #55456	Square 10" #55451
Fun Flower #55334	Star #55028
Gingerbread Cookie #55862	Sunbonnet Sue #55061
Gingham Dog #55064	Western Medley #55227
Heart 2, 3, 5" #55029	

Contact Colleen McCune at colleen.sandiego@gmail.com to make arrangements to pick up any dies and/or the cutter.



Just Get It Done!

Peggy Castor—Committee Chair

We will continue with the program as Sue and Melinda led last year with perhaps a few minor changes.

- To begin, take inventory of your unfinished projects (or things you haven't started but need extra motivation for) and prioritize 4 that you want to finish this year. If you have more, all the better, you can bring them in for extra chances to win prizes.
- Your inventory and \$10 is due at the October meeting or, at the latest, by the November meeting. You may pay with cash, check or Zelle.
- Use your own printed list or pick up one at the October meeting to help you stay on track. Forms were not available at the September meeting because I had just decided to take over the program.
- I plan to email the documents to the few people who already signed up and paid. Just Get It Done was extremely helpful to me last year and I managed to finish more projects than I had expected.
- Fill out the registration form, and \$10, to enroll in the "Just Get It Done" program and bring it to the October or November meeting. Bring me your completed Just Get It Done (UFO) list and get a ticket for a special drawing at the end of the November meeting. This is a fund raiser for the guild and helps pay for the prizes participants receive.
- November to May Meetings ~ Bring your completed quilt projects to the meetings and get your tickets for the final drawings in June. We will photograph your completed project for the newsletter.
- There are five projects, one will be a philanthropy project. They will be due November, February, March and May meetings. You can do all or some of your projects. Anything you finish, is something you've finished that you can give as a gift or keep for yourself—**But it will be OFF YOUR UFO SHELF/or out of the DRAWER or container in which it currently resides.**

I look forward to seeing your beautiful completed projects up close.

Let's have some fun and get out some of those "in progress" projects; forgotten unloved projects or those you started in a class and got too busy to complete when the class was over. Pull them out, take a fresh look at them and if you can't get excited about finishing them, try something different. It doesn't have to be what the pattern said. Change it up!

Feel free to consult with someone at the meeting. Even someone you don't know. Make a new friend. (I like to pretend I just got them as a Round Robin and I have to add something to complement the design. Sometimes that's all it takes to give you a boost toward finishing it. Turn them on point and add corners. Consider adding pieced borders. If they are blocks that are not sewn together and they don't excite you, consider adding an alternate B block interspersed between your blocks for a different look. Bring them in to get ideas from some of our fellow quilters on what they think. Often, someone else can suggest something that might rejuvenate you and help you push through to the finish line.

Peggy Castor: 858 442-9081 pjcastor@gmail.com

Just Get It Done!

Name: _____

Phone: _____

Email: _____

Date Paid \$10 _____ Check /Cash / Zelle

Name or description of the quilt so you remember which ones you have prioritized.

1. Due by November meeting. Date turned in: _____

Project name: _____

2. Due by February meeting. Date turned in: _____

Project name: _____

3. Due by March meeting. Date turned in: _____

Project name: _____

4. Due by May meeting. Date turned in: _____

Project name: _____

5. Due by May meeting. Date turned in: _____

Philanthropy: _____

Print this page. Fill out and return to Peggy Castor at the October meeting.

Philanthropy

Chair position is open

Chairperson position is open! Feel free to volunteer your time and skills.

Sewing and quilting philanthropy quilts doesn't always require a time and location. Working on a philanthropy quilt can be accomplished anywhere, any time.

Philanthropy accepts baby quilts, lap quilt, throw size, twin size as the most com

And, most importantly, come and enjoy the present mon sizes.

Baby quilts: 30 X 40 to 36 X 52
Lap: 50 X 65 to 60 X 80
Throw 50 X 65 to 60 X 72
Twin: 68 X 88 to 72 X 90

Other philanthropy items include placemats and pillowcases.

If you have made items over the summer to be donated to philanthropy, bring them to the

Membership

Welcome back to the Friendship Guild membership year. Our membership year is from September to August. Dues are \$55 and can be paid by cash, check, or Zelle. At the September meeting we had 55 members. If you have not yet renewed your membership, please consider renewing soon. Membership dues help provide wonderful programs. If you have a friend who would like to come as a guest, or join, please don't hesitate to invite them.

When you arrive at the meeting each month, be sure to sign in and put your name on the back of a ticket which is used for a drawing at the end of the meeting.

Payments to the Guild is Easy!

Do you need to renew your Dues, pay for a Workshop, or pay for a Retreat? There are two ways to pay for anything guild related.

- Send in a check to our P.O. Box 1174, Poway, CA 92074; or
- Send money electronically (in your bank app) with ZELLE. Our Zelle address is

MEMBERSHIP APPLICATION

NAME: _____ NEW _____ RENEWAL _____
ADDRESS: _____ BIRTHDAY: _____
CITY: _____ STATE _____ ZIP _____ PHONE: _____
E-MAIL (print clearly) _____

Dues Amount: \$55.00

Via Zelle: friendshipquiltersinfo@gmail.com OR Make Check payable to Friendship Quilters of SD

MAIL TO: Friendship Quilters of San Diego - Membership
P.O. Box 1174
Poway CA 92074

Cash _____
Check _____
Zelle _____
Membership Card _____
Input _____

Friendship Sewing Gatherings

Small Group Coordinator: Jan Krentz
858-705-1406

Join a new Small Group or form your own! Participants may work on their own projects, or focus on learning new techniques or quilt designs such as foundation piecing, English paper Piecing, hand embellishment or quilt finishing techniques, etc.

Slow Sewing Group meets monthly on Zoom - hosted by Karla Seyb Stockton. It's a great way to have conversation while stitching.

TIME: 1:00 pm Pacific Time

Date: 1st Monday, monthly

Join Zoom Meeting: <https://us02web.zoom.us/j/89964751358?pwd=c2ZCTloyKzNzUDVGMDRBeXVjc2JnUT09>

Meeting ID: 899 6475 1358

Passcode: EPP

Quilty Pleasures meets monthly at the Creative Coop in Ramona—hosted by Gloria Mauno

Time: 10:00 a.m.—3:00 p.m.

Date: 1st Tuesday, monthly

Fee: \$15

Fabric Friends small group friendship gatherings:

October meeting: Oct. 1, 2025 – 2:00 pm to 4:00 pm: Carmel Mtn. Ranch Library meeting room
(inside front door, to the Left), 10295 World Trade Dr., San Diego

November meeting: Nov. 5, 2025 – 1:00 pm to 3:00 pm: Rancho Bernardo Library – Frank Lenfesty Seminar Room,
2nd Floor., 17110 Bernardo Center Dr, San Diego, CA 92128

This small group is a social gathering to get acquainted with one another, share quilting or other needlework techniques and projects with one another. All members are welcome to attend, there is no meeting fee. The meetings are scheduled in the local libraries and may occur in Poway, Rancho Bernardo or Rancho Penasquitos libraries as their calendar openings permit. The library meeting rooms have tables and chairs for our use.

Featherweight Club is hosted by Sue Busch at Paradise Sewing in Poway

Time: 10:00 a.m. to 3:00 p.m.

Date: 1st Wednesday of each month

Cost: \$10

Sew Hungry is hosted by Jeanne Heaven at the Broken Yolk in Carmel Mountain Ranch

Time: 11:00 a.m.

Date: 2nd Friday of each month **Attention: Sew Hungry is moved for this month only to October 17 due to the Retreat**

Philanthropy Sit N Sew Waiting for a person to volunteer as the chairperson. Philanthropy is one of the core values expressed in our bylaws. Please consider accepting this rewarding chair position.



“Quilty” Pleasures

Meets the First Tuesday of each month at the Creative Coop in Ramona.

Gloria Mauno—Quilty Pleasures Chairperson

The next Quilty Pleasures gathering will be Tuesday, October 6th at the Creative Coop in Ramona from 10:00 till 3:00. Please come join us. The cost is \$15 and helps support our guild. It's a great place to spread out and get some good sewing time in. And check out the fabric at My Happy Place.



CREATIVE COOP - RAMONA
2405 Main Street #5, Ramona, California

Featherweight Group

Meets the First Wednesday of each month at Paradise Sewing in Poway.

Sue Busch—Chairperson

Our next sit n sew is October 1st, 10:00 to 3:00 pm at Paradise Sewing. It is a \$10 cost. Please come and bring your sweet lil Featherweight and get it out on a field trip. You and she will love it. We hope to see you there.



Slow Sewing

Karla Seyb-Stockton—Chairperson

The Slow Sewing Group will meet on Zoom the first Monday of the month. All are welcome, regardless of what kind of stitching you do!

Join Zoom Meeting:

[https://us02web.zoom.us/j/89964751358?](https://us02web.zoom.us/j/89964751358?pwd=c2ZCTloyKzNzUDVGMDRBeXVjc2lnUT09)

[pwd=c2ZCTloyKzNzUDVGMDRBeXVjc2lnUT09](https://us02web.zoom.us/j/89964751358?pwd=c2ZCTloyKzNzUDVGMDRBeXVjc2lnUT09)

Meeting ID: 899 6475 1358

Passcode: EPP

Our Next Meeting: October 5, 1:00 -3:00 pm Pacific Time.

Blessings, Karla



Sew Hungry

Jeanne Heaven—Chairperson

Our Sew Hungry gathering is on OCTOBER 17th (due to the Retreat on October 10th at Vina de Lestonnac). We will meet at the Broken Yoke in Carmel Mountain (11630 Carmel Mountain Road) at 11:00 am. Please RSVP if you are coming. Love seeing everyone, we have a lot of fun and it's a great way to meet new people! If you need more info please call or text. Thank you!





Classified Ad for Members

Remember to submit your "Classified Ad" to the Editor and we will post it for you for free.

Sharing



Share your quilted projects at the end of every meeting.



**SEAM
RIPPERS**
by
**Turning2write
(t2w)**

These seam rippers are kits from Penn State Industries and all bodies are either Alumilite resin or quality hardwoods. The resins are created by t2w some include items such as: honeycomb, pinecone, pasta, flowers, metal flake, thistle. There are currently over 120 resin colors and many different hardwoods of your choice. Metal colors are chrome and gold in either single or doubles. Other tips you can add: small scissors, wire threaders, stilettos. Contact: turning2write on Etsy (or) mshively31@gmail.com

Want to Place an Ad in the Newsletter?

SIZE RATE FOR A FULL YEAR Sept-June

business card	\$6 One Issue	\$50 full year
1/4 page	\$8 One Issue	\$65 full year
1/3 page	\$9 One Issue	\$70 full year
1/2	\$10 One Issue	\$75 full year
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There are lots of possibilities when having a longarm quilter complete your quilt.

Be sure to mention the ad in our newsletter when you use someone-who advertises in our newsletter.

MONTH AT A GLANCE

October 2026

Mon	Tue	Wed	Thu	Fri	Sat
		2:00-4:00 Fabric Friends, Carmel Mountain Library	1	2 10:00 Sit N Sew/Philanthropy	3
4	5 1:00-3:00 Slow Sewing	6 10:00 Quilty Pleasures/Ramona 6:30 Board Meeting	7 10:00 Featherweight Sit N Sew Paradise Sewing	8 2:— Early Bird Check-in Retreat- Vina de Lestonn	9 Fall Retreat Vina de Lestonnac
10 Fall Retreat Vina de Lestonnac	11 4:00 Dinner w/ the Speaker 6:30 Guild Meeting	13	14	15	16 11:00 Sew Hungry Broken Yolk
18	19	20	21 1:00-3:00 Fabric Friends	22	23
25	26	27	28	29	30
					31 

November 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Slow Sewing Group 1:00 p.m.	3 10:00 Quilty Pleasures/Ramona 6:30 Board Mtg	4 10:00 Featherweight Sit N Sew Paradise Sewing 1:00-3:00 Fabric Friends,	5	6 10:00 Sit N Sew Philanthropy	7
8	9 6:30 Guild Meeting	10	11	12	13 11:00 Sew Hungry Broken Yolk	14
15	16	17	18	19	20	12
22	23	24	25	26 	27	28
29	30					

Addresses at a Glance

MEETING LOCATION

Incarnation Lutheran Church
16889 Espola Road
Poway CA 92064
858-487-2225
Website: godamongus.us

SPEAKER DINNER LOCATION

Karl Strauss Brewery
10448 Reserve Dr.
San Diego CA 92127
(858) 376-2739
Website: karlstrauss.com

WORKSHOP LOCATION

Paradise Sewing
13242 Poway Road
Poway CA 92064
858-679-9808
Website: paradisesewing.com

PHILANTHROPY SIT & SEW

TBD

PARTY LOCATION

Hamburger Factory
14122 Midland Road
Poway CA 92064
858-486-4575
Website: hamburgerfactory.com

“QUILTY” PLEASURES

My Happy Place Quilt Shop
2405 Main Street #4
Ramona CA 92065
760-654-3060
Website: info@myhappyplacequiltshop.com

BOARD MEETINGS *CURRENTLY HELD VIA ZOOM*

SEW HUNGRY

Broken Yolk
11630 Carmel Mountain Rd.
San Diego, CA 92128

Friendship Quilters of San Diego meets at
Incarnation Lutheran Church
16889 Espola Rd.

